<table>
<thead>
<tr>
<th>DAY</th>
<th>Event Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY</td>
<td>7:30am: Quiet Hours, Ford Chapel</td>
</tr>
<tr>
<td>TUESDAY</td>
<td>7:30am: Quiet Hours, Ford Chapel</td>
</tr>
<tr>
<td>WEDNESDAY</td>
<td>7:30am: Quiet Hours, Ford Chapel</td>
</tr>
<tr>
<td>THURSDAY</td>
<td>7:30am: Quiet Hours, Ford Chapel</td>
</tr>
</tbody>
</table>

**DIMENSIONS OF WELLNESS**

- **EM**: Emotional
- **EV**: Environmental
- **IN**: Intellectual
- **OC**: Occupational
- **PH**: Physical
- **SO**: Social
- **SP**: Spiritual

**FRIDAY**

- 7:30am: Quiet Hours, Ford Chapel
- 8am: SET Workshop, Improv, Art Therapy
- 12-12:45pm: Craft Corner, Shamrocks Plush, Game Room
- 3:15pm: Voice Recital, Abigail Johnson and Sadie Longo, Ford Chapel
- 7pm: JADE Benefit Concert, Shafer Auditorium
- 8pm: Pool Tournament, Game Room
- 9pm: Quiet Hours, Ford Chapel

**SATURDAY**

- 7:30am: Quiet Hours, Ford Chapel
- 10am: SET Workshop, Improv, Art Therapy
- 12-12:45pm: Craft Corner, Shamrocks Plush, Game Room
- 3:15pm: Voice Recital, Abigail Johnson and Sadie Longo, Ford Chapel
- 7pm: JADE Benefit Concert, Shafer Auditorium
- 8pm: Pool Tournament, Game Room
- 9pm: Quiet Hours, Ford Chapel

**SUNDAY**

- 7:30am: Quiet Hours, Ford Chapel
- 12-12:45pm: Craft Corner, Shamrocks Plush, Game Room
- 3:15pm: Ene Philharmonic, Shafer Auditorium
- 6:30pm: Catholic Mass, Ford Chapel
- 9pm: Quiet Hours, Ford Chapel

---

*For appointments, call Counseling and Professional Development Center (332-4368) or Winslow Health Center (332-4355). Walk-ins accepted at Winslow as schedule allows.*